



Swimmers are Grinner!



Alani



Aiman



Sereia

Swim School Encouragement Award Winners, Term 1  
Congratulations to our first 3 Student Encouragement Award Winners for Term 1, 2020! Looking forward to seeing many more on the Swimmers are Grinner's page!

We Miss You!



It has been over a month since AquaPulse closed it's doors on 18th March, 2020 and we sure do miss you and your smiles! Since then, we have been working hard to refine processes, participate in online workshops and plan for the exciting future that's ahead! We want to ensure we are ready to open wide our doors when restrictions are lifted.



Are you on our Members Only Swim School Facebook Page?



We have a Members Only Swim School Page on Facebook, set apart for just our Swim School Family. Stay up-to-date with all that is happening in our Swim School and stay connected to us! Follow the LINK to join the group now! <https://www.facebook.com/groups/WynActiveSwimSchool/>

Practice Water Safety at Home....

How do we do that, I hear you ask?

Well... Life Saving Victoria have some wonderful resources for parents to use to assist their children to practice their Swim & Survive lessons at home. Follow the LINKS to give these a go!

- At Home Scavenger Hunt - <https://lsv.com.au/toolkit/pdf/Water-Safety-Scavenger-Hunt.pdf>
- Float a Boat - <https://lsv.com.au/toolkit/pdf/Design-a-Boat.pdf>
- Catch and Throw Games - <https://lsv.com.au/toolkit/pdf/Throw-and-Catch-Games.pdf>



Competition Time! Water Safety Quiz!

It's time to get those thinking caps on and see if you can answer the following Water Safety Quiz! Email responses to: [swimschool@westernleisureservices.com.au](mailto:swimschool@westernleisureservices.com.au)

1st Prize will be awarded to the first student to respond with ALL correct answers!

- 1) What is the safest form of entry into deep water?
- 2) List two places around the house that could be potential water dangers?
- 3) Name one survival stroke?
- 4) Swimming can make you feel?
  - 5) By the end of Year 6, we want all students to be able to swim consistently for what distance in the pool?
  - 6) What muscles are used whilst swimming?
- 7) Name one object that could be used for a throw rescue and one object that could be used in a reach rescue?
- 8) Where should you swim at the beach?
- 9) There are 3 ways in which you can keep yourself afloat in water without an aid. Name one.
- 10) When you are in a boat or paddling (in a canoe or kayak), you should always wear a ....?
- 11) What does PFD stand for?
- 12) Fill in the blank word from this statement "Never Swim \_\_\_\_\_".



Frequently Asked Questions?



We have been reaching out to our members to see how you are. Here are some of your most frequently asked questions.

Will you reopen when schools go back?

A: We don't have the answer at this stage, however we will give you plenty of notice .We look forward to teaching our students again.

Where do I find the most recent information, updates and advice about the outbreak of the Cononavirus disease?

A: Follow the LINK to <https://www.dhhs.vic.gov.au/coronavirus>

What's the best way to contact the Swim School?

A: It is always best to send us an email on [swimschool@westernleisureservices.com.au](mailto:swimschool@westernleisureservices.com.au) .

How can I keep connected to the WynActive community?

A: You can connect with us through our social channels. Check them out below!  
<https://wynactive.com.au/>  
<https://www.facebook.com/WynActive/>  
<https://www.instagram.com/wynactive/>