

Health Club	<10 Year Old	10-13 Year old	14-15 Year old	16-17 Year old
Health Club Casual Entry	X	X	X	
Health Club Memberships	×	×	Yes, guardian present for sign up and initial health consultation	
Aquatics	<10 Year Old	10-13 Year old	14-15 Year old	16-17 Year old
General Aquatics Areas	Must be supervised as per WAW	$\checkmark$	$\checkmark$	$\checkmark$
Sauna and Steam Room	X	X	X	$\checkmark$
Warm Water Pool, Spa,	X	X	X	$\checkmark$
Slides	Must be ATLEAST 125cm tall & supervised by a parent/guardian at the top or bottom of the slide	Must be ATLEAST 125cm tall		

Stadium	<10 Year Old	10-13 Year old	14-15 Year old	16-17 Year old
General Stadium Areas	Needs to be accompanied by a guardian		$\checkmark$	$\checkmark$
Facility Spaces	<10 Year Old	10-13 Year old	14-15 Year old	16-17 Year old
Public & Casual Access Areas	Needs to be accompanied by a guardian	$\checkmark$	$\checkmark$	$\checkmark$
Members Only Access Areas	X	×	As per the child's membership entitlements	

Group Fitness	<10 Year Old	10-13 Year old	14-15 Year old	16-17 Year old
AQUA CLASSES				
Aqua	X	X	$\checkmark$	$\checkmark$
AquaHIIT	X	X	$\checkmark$	$\checkmark$
Deep Aqua	X	X	$\checkmark$	
Shallow Aqua	X	X	$\checkmark$	$\checkmark$
WynSenior Aqua	X	X	X	×
WynSenior Gentle Aqua	×	×	×	×
CARDIO CLASSES				
Body Combat	X	X	$\checkmark$	$\checkmark$
Body Step	×	×	$\checkmark$	$\checkmark$
Boxing	×	×	×	$\checkmark$
Boxing Circuit	×	×	×	$\checkmark$
HIIT	×	×	X	$\checkmark$
Tread 30	×	×	$\checkmark$	$\checkmark$

Western Leisure Services Pty Ltd | 80-82 Derrimut Road, Hoppers Crossing VIC 3029

ABN: 97 169 311 693



Group Fitness Cont.	<10 Year Old	10-13 Year old	14-15 Year old	16-17 Year old		
CORE CLASSES	1					
Advanced Pilates Reformer	×	×	×	$\checkmark$		
Reformer Pilates	×	×	X	$\checkmark$		
Less Mills Core	×	×	$\checkmark$	$\checkmark$		
Pilates Matwork	×	×	$\checkmark$			
WynSenior Pilates	×	×	×	×		
CYCLE CLASSES	CYCLE CLASSES					
Cycle	×	×	$\checkmark$	$\checkmark$		
Sprint 30	×	×	$\checkmark$	$\checkmark$		
Women's Only Cycle	×	×	$\checkmark$	$\checkmark$		
Cycle Express	×	×	$\checkmark$	$\checkmark$		
DANCE CLASSES						
Dance	×	×	$\checkmark$	$\checkmark$		
Zumba	×	×	$\checkmark$	$\checkmark$		
MIND/BODY CLASSES						
Body Balance	×	×	$\checkmark$	$\checkmark$		
Meditation/Mindfulness	×	×	$\checkmark$	$\checkmark$		
Stretch	×	×	$\checkmark$	$\checkmark$		
WynSenior BodyBalance	×	×	×	×		
STRENGTH CLASSES						
Body Pump	×	×	×	$\checkmark$		
Booty Burn	×	×	×	$\checkmark$		
FX Fit	×	×	×	$\checkmark$		
WynSenior Active Seniors	×	×	×	×		

Western Leisure Services Pty Ltd | 80-82 Derrimut Road, Hoppers Crossing VIC 3029

ABN: 97 169 311 693